Terms:

Asymptomatic
Presenting no symptoms of disease

Community Spread
Spread of a disease among an area, in which there is no direct knowledge of how or when someone contracted the disease.

Confirmed Case
Person(s) with a positive test performed by the CDC lab.

Pandemic
A geographic spread and is used to describe a disease that affects a whole country or the entire world.

Person Under Investigation (PUI)
A person who has both consistent signs or symptoms and risk factors.

Presumptive Positive Case
Person(s) with a positive test performed locally without CDC lab confirmation.

Self-Quarantine
Volunteering to separate from a person or group of people to prevent the possible spread of the communicable disease.

Social Distancing
Remaining out of congregate settings; avoiding mass gatherings of 50 people or more (approximately 6 feet or 2 meters) from others when possible.

Symptomatic
Showing symptoms of a particular illness or a disease

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<th>KNOW THE SYMPTOMS</th>
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<td><strong>Severe Cases:</strong></td>
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<td>- Pneumonia</td>
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Symptoms? Contact Local Medical

- Chinle Comprehensive Health Care Facility
  (928) 674-7001/7688
- Crownpoint Health Care Facility
  (505) 786-5291/6381
- Fort Defiance Indian Hospital Board, INC
  (928) 729-8000
- Gallup Indian Medical Center
  (505) 722-1000
- Sage Memorial
  (928) 755-4500
- Kayenta Health Center
  (928) 697-4000
- Northern Navajo Medical Center
  (505) 368-6001
- Page Hospital
  (928) 645-2424
- Tuba City Regional Health Care
  (888) 976-5941
- Utah Navajo Health System
  (435) 651-3700
- Winslow Indian Health Care Center
  (928) 289-4646
- Arizona Poison and Drug Information Center
  (844) 542-8201
- New Mexico Coronavirus Hotline
  (855) 600-3453

Navajo Nation
Health Command Center Hotline
8AM to 5PM (MDT) 7 Days a Week
(928) 871-7014

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What to know...

COVID-19
An acronym for “coronavirus disease 2019,” referring to the year the virus was first detected.

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CORONAVIRUS

COVID 19